

# HOME ECONOMICS HE01007Y1

## INTERNAL ASSESSMENT ACTIVITY

### **ACHIEVEMENT STANDARD 90958 (VERSION 3) HOME ECONOMICS 1.3**

**Demonstrate understanding of how cultural practices influence eating patterns in New Zealand**

Level 1, Internal assessment

5 credits

### **STUDENT INSTRUCTIONS**

#### **Overview:**

In this activity you will:

- consider how and why cultural practices have influenced eating patterns in New Zealand.

#### **Conditions:**

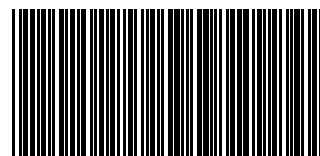
- you will work individually under open book conditions
- there is no time limit for this activity – but you should expect the assessment activity to take about 1 hour
- plagiarism detection software may be used to check this is your own work.

#### **You will need:**

- HE01007
- recipes for the culture/country you choose to research
- ingredients for your chosen traditional dish
- you may also use other resource materials (books/computer), coloured card/paper, coloured pencils, and pictures from the internet/books/magazines.

#### **Supervisor requirements**

A supervisor must be present at specified times for this assessment. You must provide the full name of the supervisor and their relationship to you (e.g. parent, teacher, teacher aide etc.) when you upload your assessment to the relevant assessment dropbox.



# ASSESSMENT CRITERIA

## ACHIEVEMENT STANDARD 90958 (VERSION 3) HOME ECONOMICS 1.3

Demonstrate understanding of how cultural practices influence eating patterns in New Zealand

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of how cultural practices influence eating patterns in New Zealand.	Demonstrate in-depth understanding of how cultural practices influence eating patterns in New Zealand.	Demonstrate comprehensive understanding of how cultural practices influence eating patterns in New Zealand.

SOURCE: NZQA

### Definitions

*Culture* is the distinctive ideas, customs, social behaviour, products or way of life of a particular society, people or period.

*Cultural practices* refer to foods and drinks specific to a culture; how they are gathered, prepared, cooked, served and eaten. These practices are underpinned by attitudes, values and beliefs.

*Eating patterns* include the types of food eaten, the amount of food eaten, how food is prepared, how and where food is eaten, when food is eaten, and what food is available.

In order to provide evidence for assessment in this achievement standard, the student must be involved in food preparation and service involving the customs of another culture.

*Demonstrate understanding* involves giving an account with clear examples.

For Achieved describe in detail at least 2 cultural practices in the country of your chosen culture. Use clear examples. Describe in detail how these practices have become part of our New Zealand eating pattern.

*Demonstrate in-depth understanding* involves giving reasons and relating them to the given examples. **For Merit:** As Achieved + explain in depth how and why each practice has become part of New Zealand eating patterns.

*Demonstrate comprehensive understanding* involves considering how and why the cultural practices have been adapted to suit a New Zealand lifestyle, e.g. health awareness, time and money constraints. **For Excellence:** As Merit + more in-depth reasons explaining how and why the practice has been adapted to suit the New Zealand lifestyle. May also include benefits and limitations of the practice.

# PRE-ASSESSMENT ACTIVITY

## HOME ECONOMICS

To prepare for the assessment activity you are required to complete some research into the cultural food practices of another country and to prepare a traditional dish of your chosen country/culture.

### YOU WILL NEED

- Access to the internet and/or reference books.
- Recipes for the culture/country you choose to research.
- Ingredients for your chosen traditional dish.

### BACKGROUND RESEARCH

Research a country that has had an influence on New Zealand's eating patterns. You can choose one of the countries covered in module HEO1007, or use a country of your own choice.

**You may present your research notes in any format.** For example, you could create a mind map, collect cuttings and photocopies or write the information in note form on your own paper.

1. Name the country you will research \_\_\_\_\_
2. Highlight on the map where the country is located.



## ASSESSMENT ACTIVITY

3. **Complete your research.** Investigate cultural food practices relating to your chosen country/ culture which we have adopted or adapted in New Zealand. This may include:

- Foods eaten and any traditional dishes
- Customs and beliefs (special festivals)
- Crops grown in your chosen country
- Food preparation, cooking methods
- Food service, eating practices.

**Gather this information and send your presentation/notes in with your assessment task.**

### **PRACTICAL COOKING**

Choose a traditional main dish to prepare and cook from the country that you have researched.

Write the name of the dish here: \_\_\_\_\_

Cook your dish now. Take a photograph showing presentation.



*Attach a photograph of the cultural dish you have prepared showing presentation.*

Supervisor's signature: \_\_\_\_\_

Supervisor's comment:

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# ASSESSMENT ACTIVITY

## HOME ECONOMICS

### INSTRUCTIONS

- Read the questions carefully.
- Have HEO1007 and your research material with you.
- Your supervisor must be present to observe you and sign the cover sheet.

### ASSESSMENT TASK 1

Explain comprehensively how and why your chosen country's **cultural food practices** have **influenced eating patterns in New Zealand**.

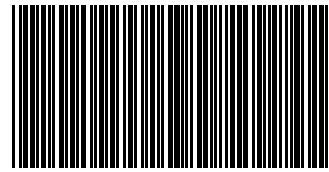
You will need to discuss at least three cultural practices. These could include: types of food eaten; how food is stored, prepared and served; how, when and where food is eaten; what ingredients and equipment are available.

For each practice:

- describe the cultural practice with examples
- explain how and why the practice has become part of eating patterns in New Zealand over time
- explain how and why the practice has been modified/changed in New Zealand
- you should aim to write 500 to 800 words.

When you have completed the assessment, upload it to the HEO1007Y1 OTLE dropbox.

**HE01007Y1**



**STUDENTS – PLACE STUDENT ADDRESS LABEL BELOW OR WRITE IN YOUR DETAILS.**

Full Name \_\_\_\_\_

ID No. \_\_\_\_\_

Address  
(If changed) \_\_\_\_\_